

Analysis of College English Teaching Based on Humanistic Platform

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Abstract: The lack of humanistic quality education in subject education in colleges has become a common phenomenon. The neglect of humanistic quality education in colleges often leads to the increasingly low quality of students, which has aroused widespread debate. Humanistic quality education is the foundation of other education, which must be paid attention to. In view of the above problems, this paper puts forward optimization strategies of college English teaching based on humanistic platform to provide some references for relevant researchers.

1. Introduction

With the deepening of reform and opening up, the integration of science education and humanities education has become an inevitable requirement of higher education [1]. College English should become an important course to improve student's ability to use English and their humanistic quality. To a certain extent, humanistic education should teach the culture of one's own country and other countries, cultivate the ability of cross-cultural communication, and cultivate the ability of students to ask questions, analyze problems, synthesize materials and demonstrate effectively, as well as the ability of proficient oral and written expression. College English is essentially an interdisciplinary course of Humanities education. It plays an important role in cultivating college student's global awareness, promoting cultural exchanges between China and the West, and improving their humanistic quality. Humanistic quality is not only the most basic quality of all the qualities of contemporary college students, but also an indispensable and important part of modern higher education. With the continuous development of higher education in our country, the achievements in the field of education are obvious to all, but at the same time, some problems arise. One of the most important problems is the separation between scientific education and humanistic education. Most colleges and universities pay too much attention to the education of scientific knowledge of college students and neglect humanistic education. This causes many college students to have low humanistic quality, incompatible academic qualifications with their own qualities, indifferent ideals, indifference to society, and even lack of moral concepts and human relations. Nowadays, the evaluation of college students in the society cannot be the same. Many high-educated and low-quality voices are coming out. This is inseparable from the school's emphasis on knowledge education. Therefore, it is an urgent and inevitable task to carry out humanistic quality education in Colleges and universities. [2].

2. Phenomenon and Causes of Lack of Humanistic Literacy in College English Teaching

2.1 Phenomenon

At present, there is a common phenomenon in university education that science and specialty are valued while humanities and education are ignored. Especially in the current economic development, utilitarianism and technology can completely win everything, and the humanities construction seems worthless. College education has been focusing on examinations since the beginning, so that the textbooks, programs and teaching process of English education are all around examinations. English education has become concerned only with cognitive teaching, ignoring the cultivation of emotion and personality. They only pay attention to examination teaching and neglect the cultivation of student's quality. Students only pay attention to the transmission of knowledge, ignoring the actual

use of education. Teachers have always adhered to the conventional way, so that learning ability gradually lost, so little attention to humanistic quality education, resulting in college students generally high scores but low skills. We call this situation the target deficiency of college student's talent cultivation. educational textbooks focus on merit, fame and wealth, neglecting the cultivation of humanistic spirit. Although classroom innovation adds to the subject content, it does not fully meet the needs of student's development and lacks certain internal links. Most of the after-school exercises are designed to cope with the exams, not only that, but also the design of the exercises is relatively old. The content of the text is not enough to stimulate student's interest. Therefore, when reforming texts, we should understand more about the culture and living habits of western countries and add some vivid and interesting literary works. It has always been a common problem in College English teaching classes to attach importance to teacher's neglect of students, to teaching and to educating people. At present, English teaching is still in a transitional stage, so the implementation of humanistic care in teaching must be a great challenge for teachers [3].

2.2 Causes

College English education is not only a foreign language teaching, but also a cultural teaching. Language embodies the essence of culture, and all the contents of culture can be displayed in language. Language not only expounds a nation's rich historical and cultural background, but also inherits a nation's ideology, life, values and inner environment. If there is no good integration of language and cultural education, then college students will not have "cross-cultural concept" and cannot perfect the combination of Chinese and Western cultural literacy. The essence of English education is to let college students know the historical and cultural background of China as well as that of the West, and they can be distinguished and judged. At this stage, Chinese people have not yet understood the importance of cross-culture, especially the influence of professional distinction and utilitarian psychology on some college students. They often feel that as long as the foundation is solid enough and the knowledge points are well mastered, the cultural level can be successful in accordance with the conventional way. Moreover, the traditional mode of education has fostered some student's utilitarian cultural accomplishment. As long as it is good for examinations, most students will not focus on strengthening their self-cultivation and will not study in an all-round way. As a result, while language literacy is strengthened, Chinese and Western cultural literacy cannot be well cultivated. If cultural guidance and education are not perfect, no amount of energy can cultivate high-quality presentiment, let alone cultural concepts. Like those college students who have outstanding scores in English exams, they cannot answer foreigner's questions smoothly, nor can they communicate smoothly with foreign teachers. However, college English is only an optional course in universities, and its investment is far lower than that of professional subjects. Teachers also reduce their requirements in the process of teaching and gradually depart from their own research direction [3].

3. Optimization Strategies of College English Teaching Based on Humanistic Platform

3.1 Strengthen Language Sense Teaching

Strengthening language sense teaching is a kind of language sense that people show in learning a language. Extending to English is the perception of English and the ability to respond sharply to English sentences. Language sense is very important for a student to learn English. It can not only help students improve their writing ability, but also help students deepen their understanding and perception of the article and understand the ideas expressed in the article. Language sense can be innate or acquired. Therefore, teachers should improve student's English sense through various ways. For example, students can listen to more original English tapes, and read aloud with the tapes, learn pure English pronunciation, improve their self-confidence. Therefore, in the process of College English teaching, teachers should focus on cultivating student's language sense. Select several classic articles, celebrity speeches or texts in textbooks, read them thoroughly and memorize them. Only by

reading more and reading well, can we realize the connotation of sentences and articles, truly digest and absorb into our own nutrition, so as to cultivate our keen sense of language. To enhance the sense of language, we should always create an English atmosphere for ourselves. In class, we should actively participate in a variety of audio-visual activities, such as dialogue performances, group discussions, retelling texts, and so on. These are teachers who are creating opportunities to let us know, experience and feel more about English. Therefore, we must seize the opportunity to participate actively. After class, we can listen to English programs for ten or fifteen minutes every morning before going to school or before going to bed. Now there are many English learning software, which sounds very convenient. In addition, we should also watch more English TV programs, English newspapers and magazines, so as to make ourselves more exposed to English.

3.2 Improve Literature Appreciation Ability

For a foreign language learning must involve the culture and literature of the country, so from another point of view, foreign language learning is also the learning of culture and literature. College English textbooks are all selected from foreign classics, so teachers should grasp the context of these classics in the teaching process, grasp the social background and personal circumstances of the author when writing, and with the deepening of teaching, let students learn to search for information ahead of time, let students understand the article more deeply, teachers should also properly raise points for students. Find the right time to teach students to improve their reading ability, extensive reading, so as to arouse student's interest in foreign literary works. Assuming that students do not have the habit and interest of extracurricular reading, it is obviously not good for students to learn, which will only reduce student's reading ability. College students have reached a certain level of thought and thinking, so the students cannot be over-mentioned, we should let students develop the habit of independent thinking, to understand the connotation of literary works from various angles, feel the beauty of the article. In the process of teaching, we should let the students realize how interesting the unprocessed articles are. We should let the students read the original works instead of the translated and adapted ones. When students feel the charm of the original, they will improve their enthusiasm. Extracurricular reading plays a vital role in improving student's reading ability. Therefore, teachers can recommend some foreign literary works for students, so that students can read in their spare time without any purpose, that is, simply reading. Let the students read with their own emotions and experience the author's emotional expression. College English textbooks cover the history, politics, economy, literature, religion and customs of English-speaking countries or nationalities, and they involve a wide range of humanistic knowledge. Teachers should not only dig out these humanistic educational materials, but also make good use of them. The diversification of teaching methods is a better way to show these humanistic materials to students, so that students can truly understand the cultural connotation, and then enhance humanistic awareness. Therefore, in carrying out teaching activities, teachers can make full use of multimedia means to combine film clips, audio and video with textbook content, so that students can express their impressions in English language. At the same time, in the classroom, teachers can also carry out debate contests to discuss a certain knowledge point or point of view in the textbook, so that students can play in middle school and learn to play. Only in this way can the cultivation of humanistic literacy be effectively carried out in the process of College English teaching.

3.3 Build Humanistic Campus Culture

College students spend most of their time immersed in the influence of campus culture. The influence of campus culture on college students is imperceptible, and its influence cannot be underestimated. Therefore, strengthening the construction of campus culture is an important engineering English class. The short time in English class is insignificant for learning English. Schools should make use of extra-curricular time to carry out more cultural activities. Activities such as reading competitions of English works, arranging English short plays, or organizing various competitions among students of different majors can make full use of student's competitiveness to improve their initiative in learning English. Of course, qualified schools can set up English corners

and invite some foreign students to participate in them. This kind of face-to-face communication not only helps foreigners to learn Chinese, make more friends, feel the vastness and profundity of Chinese culture, and live better in China, but also helps our Chinese students to learn Western culture, improve their practical application ability of English, and feel that English, as the world's common language, can effectively close the charm of distance between people. Of course, the construction of campus culture is a long-term work, which cannot be completed overnight. This requires teachers and students to work together and participate in and cooperate. Develop some performance activities in English, such as English song contest, English recitation contest, English short play contest, etc. These activities can not only train student's language skills, but also cultivate their hobbies and expertise, and also enhance their confidence in using English. Build student associations related to English. In the process of carrying out these activities, teachers need to supervise and guide them to make them more effective and professional. Teachers and students can benefit from the network to spread the content of English culture and improve their own cultural literacy.

3.4 Enhance Humanistic Quality of Teachers

Teacher's profession has the particularity of teaching and educating people and the orientation of specific values. This point is that translators only need to pass on culture. A translator only needs to optimize and supplement his literary works with Chinese characteristics on the basis of accurately expressing the direct meaning of literary works. However, what English teachers need to do is more complicated than these tasks. As College English teachers, they first need to have sufficient professional knowledge to understand the content of university textbooks and have the basic ability to explain. In addition to conveying the contents, connotations and ideas of these English works to students, it is also necessary to teach students the cultural background behind these works and the author's writing mood. Only through such a comprehensive teaching method can teachers achieve the goal of teaching and educating people. Teacher's literary literacy, humanistic spirit and academic attitude will directly affect their teaching form and attitude, and indirectly affect how much knowledge students can learn and what kind of knowledge they can learn. Therefore, teachers must pay attention to the cultivation of their own literary literacy. Before educating students, they should have a systematic understanding of foreign culture, and have a study of foreign special cultural customs. Based on the works, culture itself, and combining teacher's long-life experience and social experience, they can give students in-depth and shallow explanations. Not only can students be more integrated into the rich classroom teaching, but teacher's cultural literacy and humanistic spirit can also have a good impact on these students' outlook on life and values, as well as their understanding of foreign culture and development.

4. Conclusion

To strengthen the humanistic quality education of College students, we must change the educational concept and pay attention to cultivating students into all-round talents. Therefore, higher education, including college English teaching, should thoroughly change the educational concepts of emphasizing technology and ignoring humanities, and take the cultivation and improvement of personality as the ultimate goal of current higher education, so that students can truly become all-round talents with a high degree of unity of specialty and general knowledge, individual and group, personality and accomplishment.

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